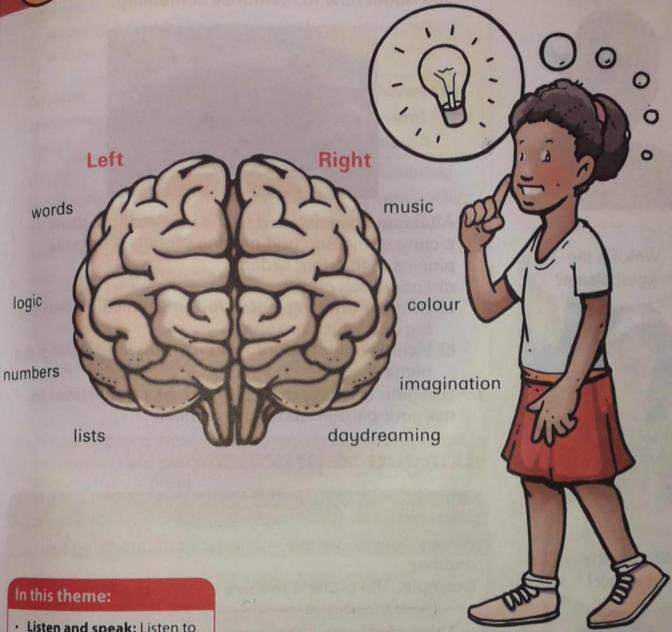
Train your brain



- Listen and speak: Listen to and follow instructions.
- Read: Read and carry out instructions.
- Write: Write and edit a set of instructions.
- Language practice: Use full stops, exclamation marks, simple and complex sentences, adverbs, prepositions, abbreviated words and adjectives.

Starting off

Did you know that you can train your brain to remember almost anything? Your brain is like a muscle: the more you use it, the stronger it gets.

Look at the pictures and talk about the questions.

- 1. How good is your memory?
- 2. What do these pictures have to do with memory?
- 3. What do you think you can do to improve your memory?