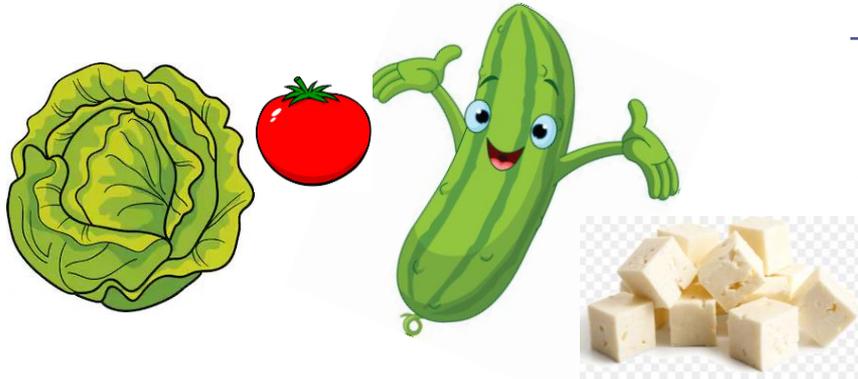


Reading a recipe

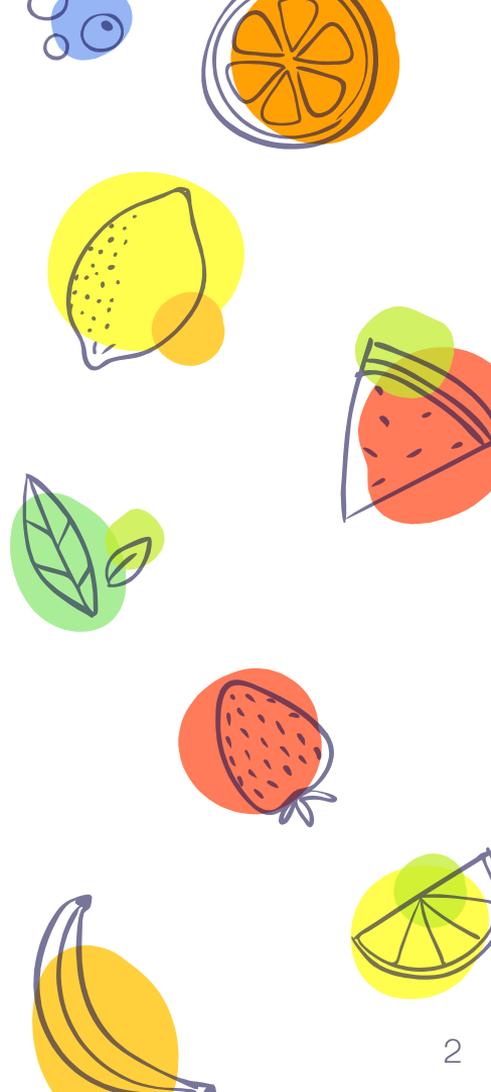


Good day Grade 5!

- × When looking at some of the objects at the bottom of the page, what do you think this recipe will be about?



That's right! We will be using a recipe for a lovely, healthy salad!



!

Before we read the recipe

- ✓ Think about what you should do before making food.
- ✓ Think about the tools that you will need to make your salad!



A healthy salad

INGREDIENTS:

For the salad:

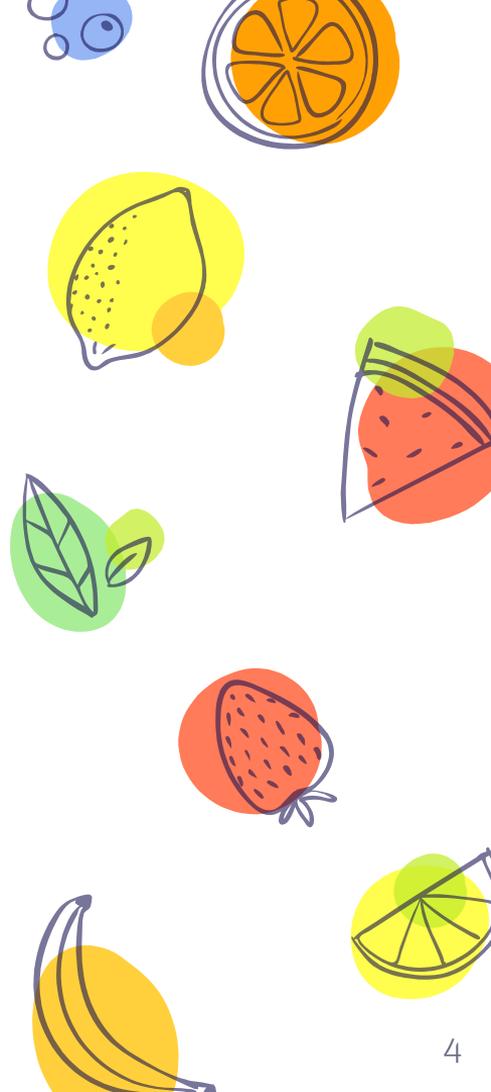
- 1 lettuce
- 1 cucumber
- 3 tomatoes
- 1 onion

For the salad dressing:

- ½ teaspoon salt
- ½ teaspoon pepper
- 1 teaspoon mustard
- 1 teaspoon dried herbs
- 4 tablespoons olive oil
- 1 tablespoon lemon juice

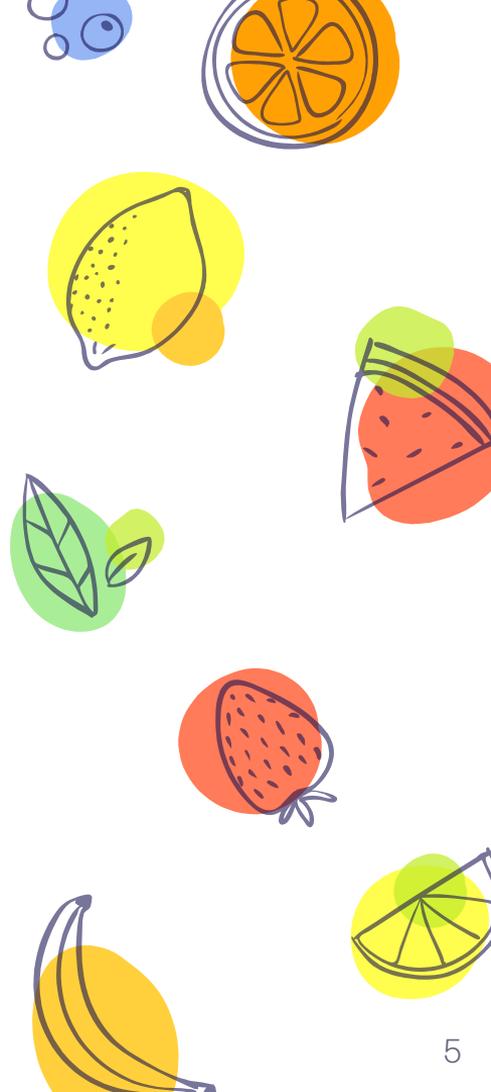
METHOD:

1. Rinse all the ingredients.
2. Pat them dry with a paper towel.
3. Chop the lettuce into small pieces.
4. Cut the tomatoes in wedges.
5. Slice the cucumber and onion into small pieces.
6. Put the salad in a bowl.
7. Mix the salad dressing together in a cup.
8. Pour the dressing over the salad.



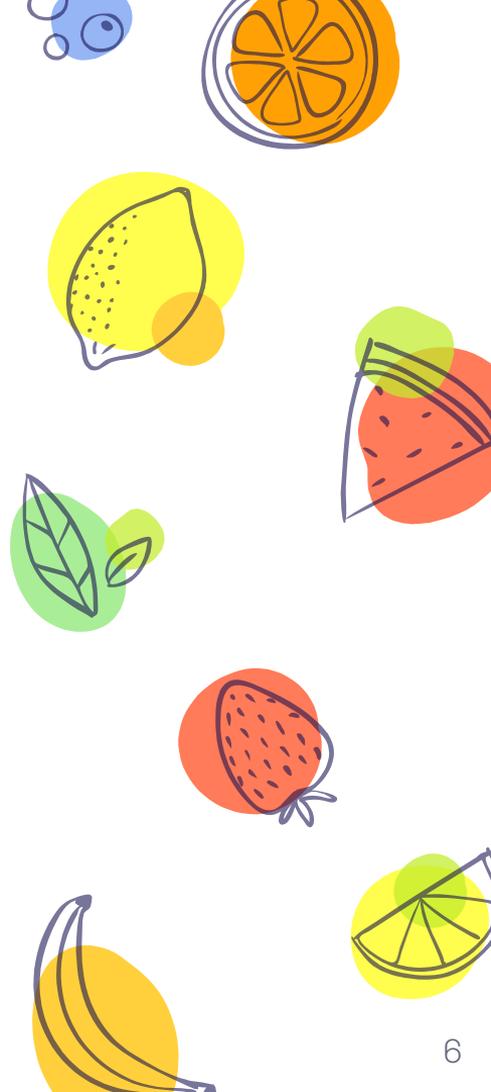
A few questions ...

1. How many salad ingredients do you need to make the salad?
2. The last instruction says “pour the dressing over the salad”. Why do you think you must do this at the end?
3. Would you like to add anything else to your salad? Write what you would like to add.

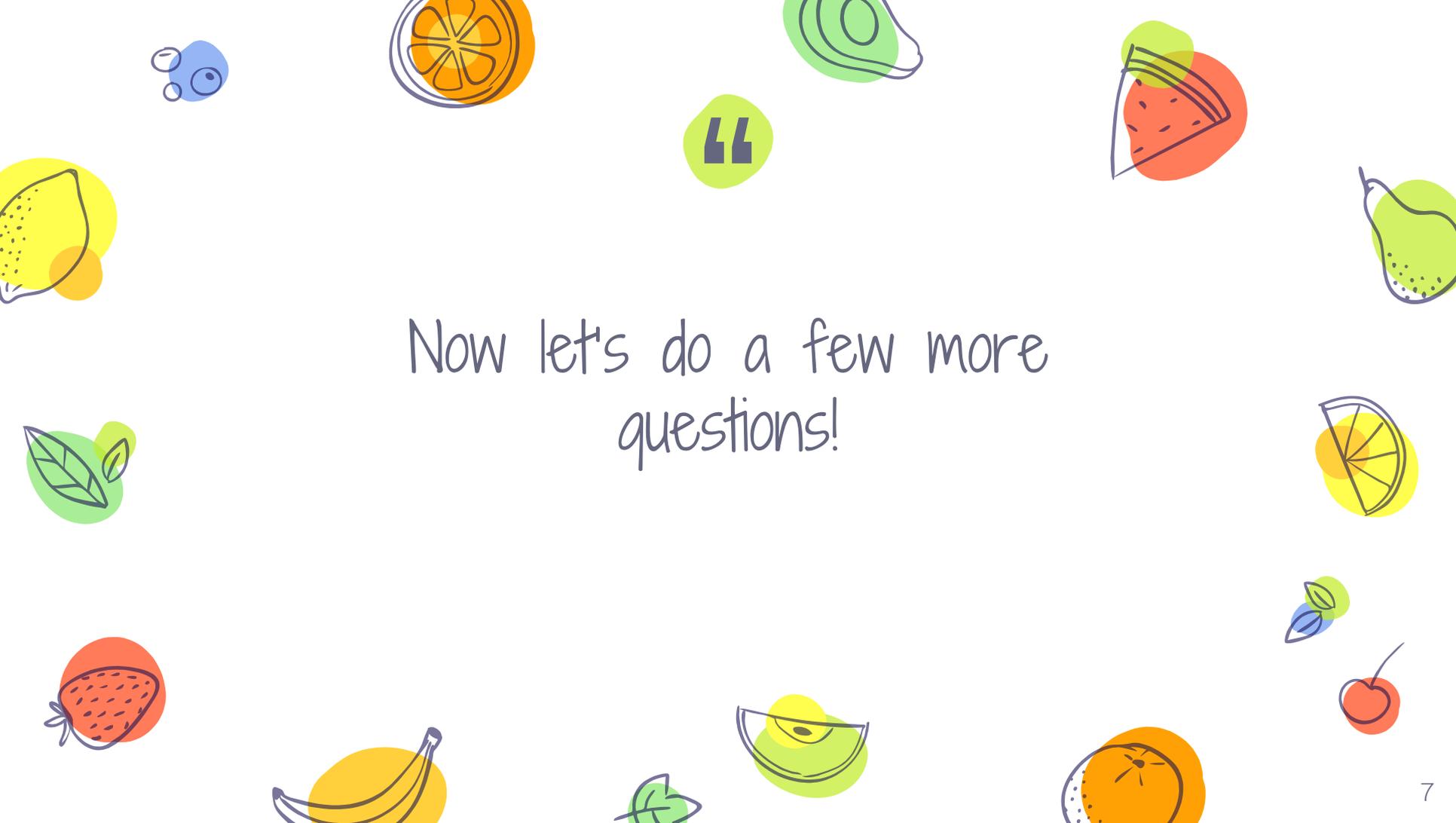


The answers ...

- 1. 4 ingredients**
- 2. You only make the salad dressing in step 6.**
- 3. Anything from cheese, avocado, olives, nuts, eggs or tuna!**

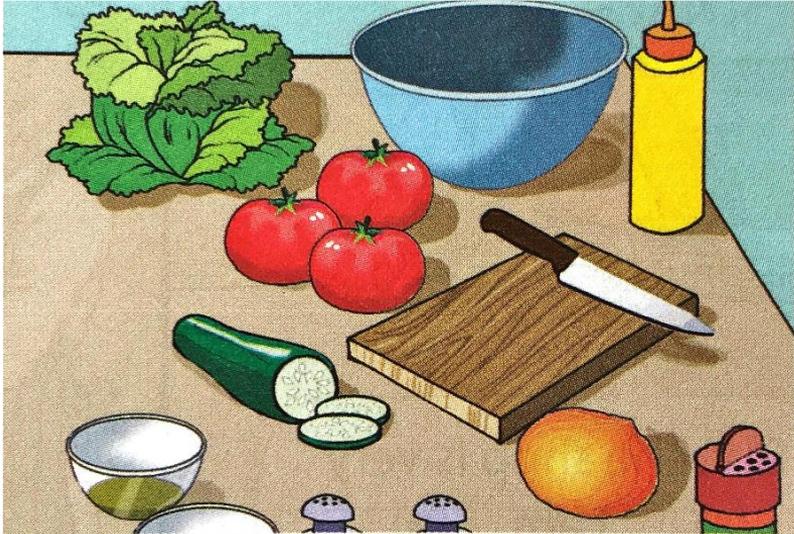


Now let's do a few more questions!



1. Write three sentences about the tools you need to make a salad. Use words from the picture.

✘ For example: You are going to need a knife.

You	are going to	need	
	will		



2. Join the following sentences with these words.

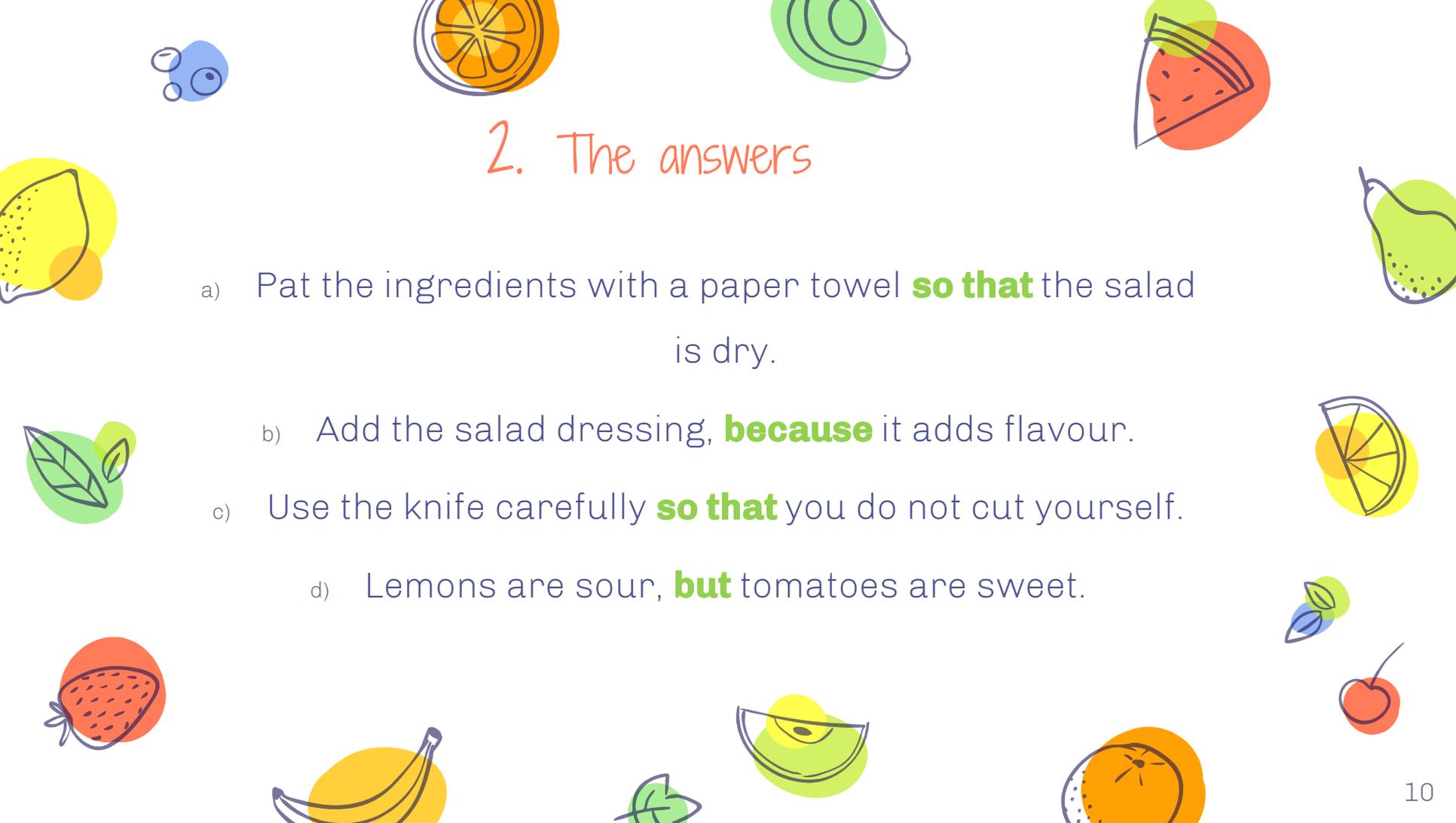
But

because

so that

For example: I don't like salad. It is good for me -> I don't like salad, **but** it is good for me.

- 
- a) Pat the ingredients with a paper towel. The salad is dry.
 - b) Add the salad dressing. It adds flavour.
 - c) Use the knife carefully. You do not cut yourself.
 - d) Lemons are sour. Tomatoes are sweet.
- 



2. The answers

- a) Pat the ingredients with a paper towel **so that** the salad is dry.
- b) Add the salad dressing, **because** it adds flavour.
- c) Use the knife carefully **so that** you do not cut yourself.
- d) Lemons are sour, **but** tomatoes are sweet.